

The Ripple Effect of Care

2025-2026
ANNUAL REPORT



Teresa Dellar
Palliative Care
Residence

Our caring circle has a ripple effect.

It begins not with endings, but with presence: alleviating pain, easing what weighs heavily, and protecting dignity in every moment.

From there, care grows into something richer—feeling a little better, making memories, celebrating life, savouring small joys, and honouring personal goals.

Through education, partnerships and research, that circle grows stronger and more inclusive. It reaches into homes, workplaces, other care settings, and communities.

It is a living circle—inspired by our community, shaped by collaboration, and always guided by the heart.



A Message from

Dale Weil,
Executive Director



More Than the Final Days: Care That Supports Living

Palliative care is often misunderstood as care for the final days. In reality, it is care that supports living fully, meaningfully, and with dignity earlier in the course of a terminal illness. This belief guides everything we do: how we care for patients, support families, and work alongside our community.

With another very busy year behind us, we have much to be grateful for. At the top of my list is our clinical team's steadfast commitment to our patients and their families. No matter what was happening throughout the Residence or in the world around us, our team remained focused and present on the unique needs of our patients and their loved ones. We were also able to reach out into the community, offering services to caregivers and isolated people to enhance their well-being.

Because of the generosity and trust of our donors and partners, and our culture of continuous improvement, we were able to broaden our care services and support.

Our patients and clinical care team now benefit from the services and insight of a specialized occupational therapist, adding another lens to our care, supporting safe mobilization and movement and broadening our expertise.

Given their popularity and observed benefits, we continued to expand our complementary services to restore moments of calm, joy, and connection. In addition to massage therapy, beauty care, and virtual reality, trained therapy dogs are at the Residence almost every day now, and we have introduced guided meditation

sessions. Complementing our clinical care, these activities translate into a living, dynamic experience for patients and families.

Our care extends well beyond the walls of the Residence. We support families before, during, and long after their loss. Our various bereavement support programs are in high demand and ran continuously this year, available to anyone who has lost a loved one, whether at the Residence or elsewhere. Supporting family members and caregivers has always been an important part of our mission.

Whether it's giving a family member the space to step back from caregiving and simply be a spouse, a sibling, or a child again, or welcoming someone from the community who is navigating loss—we are there.

We were also active in furthering our external partnerships and education, strengthening how palliative care is understood and delivered in the community. When people understand what palliative care really is, they know to ask for it—and that changes everything. We continue to train healthcare professionals in a palliative approach to care, palliative care competencies, and how to discuss access to palliative care. It takes an entire community.

These are just a few examples of how we continue to evolve, and how the ripple effect of care keeps growing. Fuelled by the generosity of our donors and partners, and the dedication of our employees and volunteers, our inspiration never ends.

With gratitude,

A Message from

Our Board Presidents

Reflecting on a Year Defined by Care and Community

The past year has once again highlighted what is possible when compassion, resilience, and collaboration come together.

For a third consecutive year, the Residence operated at full capacity. Our heartfelt gratitude first goes to our extraordinary employees and volunteers, whose expertise and unwavering dedication ensure that every patient and family experience the care, comfort and dignity they so deserve.

We are equally grateful to our generous donors, whose continued and growing support strengthens everything we do. Their generosity, combined with our relentless fundraising efforts, allowed us to exceed each and every

one of our targets for the year. Their confidence not only sustains our work but empowers us to grow and reach further than we ever thought possible.

This year also brought new perspectives to our Boards with the arrival of new members and the diversity of strengths within our various committees. Together, we remain deeply committed to reflecting the community we serve and to continually enhancing our offering to patients and families.

We are strongly dedicated to increasing awareness of the profound impact palliative care can have on well-being, and to demonstrating how time spent here, at the Teresa Dellar Palliative Care Residence, can foster peace, connection, and living as best as possible until the end.

Our accomplishments are made possible by the collective efforts of a dedicated community working toward a common goal. To all who share our passion, we say **Thank You!**



Mark Saykaly
President
Foundation Board



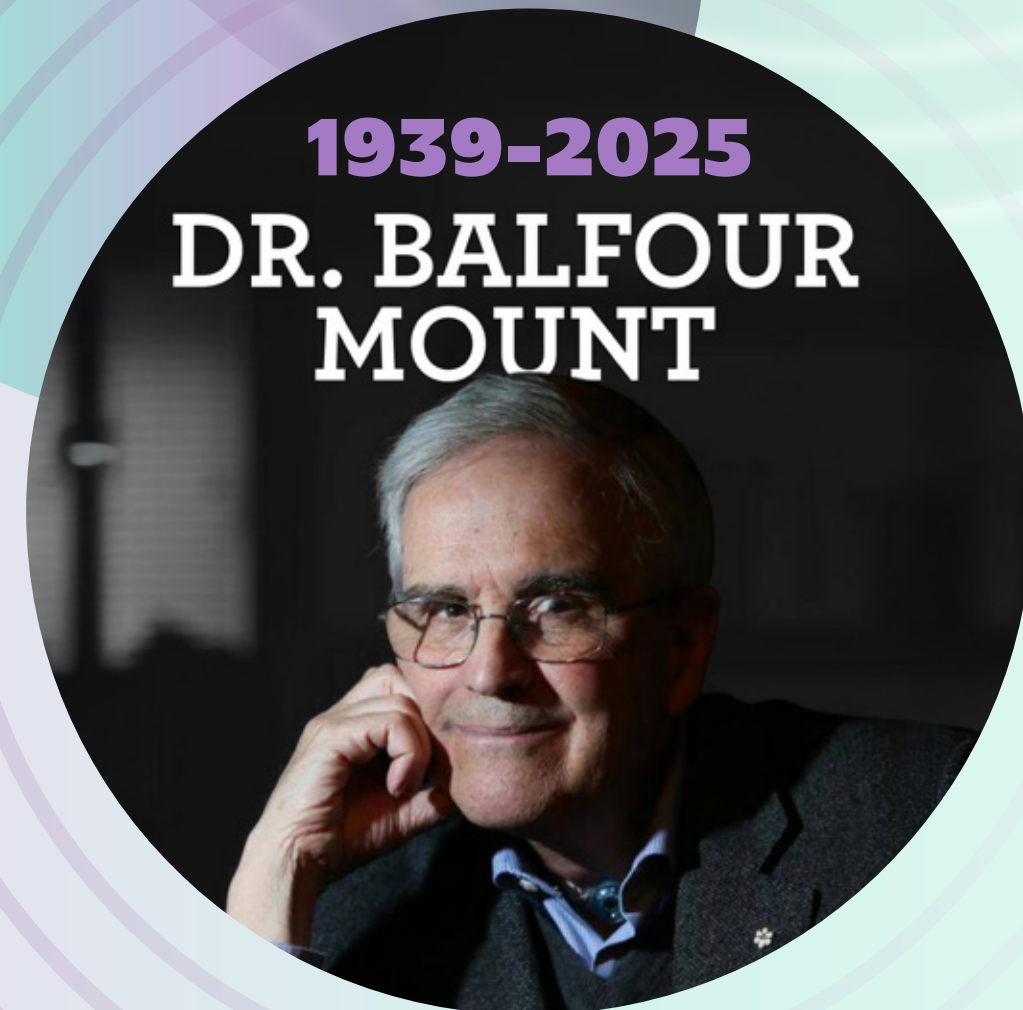
Jennifer Zerczy
President
Operations Board

The Passing of a Visionary

Last September, we were deeply saddened to learn of the passing of a great friend of the Residence, Dr. Balfour Mount, a visionary whose legacy forever shaped palliative care in Canada and around the world.

Often referred to as the father of palliative care, Dr. Mount founded the world's first palliative care unit in 1975 at the Royal Victoria Hospital in Montreal and coined the term "palliative care." His groundbreaking work created a model of whole-person care that continues to guide our mission to this day. He was a dear friend to the Residence, providing enduring guidance during our early days.

His wisdom and compassion showed that healing and dignity are possible, even at the end of life—a belief that inspires every moment of care we provide.



What Guides our Work

Our work is grounded in a deep respect for every individual journey. We are committed to timely access to an environment where patients and families feel supported, honoured, and accompanied with care that upholds dignity, compassion, and human presence.



Our Mission

To provide active and compassionate care to comfort and support terminally ill patients and their loved ones and continue as a palliative care leader within Québec and Canada.

Our Vision

As a leader, we:

- As a centre of excellence, provide exceptional palliative care, including bereavement support.
- Promote and support the continuum of services for patients requiring palliative care, whether at home, in the hospital, or at the Teresa Dellar Palliative Care Residence.
- Improve palliative care capacity, quality and access through education, knowledge exchange, research, advocacy and by serving as a resource for other communities.

Our Values



RESPECT

Act with dignity and embrace differences



INTEGRITY

Be honest, fair and transparent



COMPASSION

Do everything with care and kindness



COMMITMENT

Provide the best palliative care



TEAMWORK

Collaborate to achieve our goals

Our Palliative Care Philosophy

Our approach allows the natural process of dying to occur in its own time and supports living as well as possible until the end for our patients and their loved ones.

Our priority is to relieve suffering, ease fear, manage expectations, and enhance the quality of life. Through personalized care, we support patients and their loved ones, recognizing each person's unique needs, hopes, and priorities.

Our highly specialized team of physicians, nurses and patient care attendants provides best-in-class care to patients towards the end of life. They work closely with our Supportive Care Team, made up of social workers, an art therapist, and a music therapist.



In addition, a team of trained volunteers provide support to families through the bereavement process. We complement our clinical care with a range of additional services to enable the best possible patient and family journey.

Everyone on the Residence team—from kitchen staff to those who maintain our facility and grounds—plays a vital role in creating the homelike, serene environment our patients and families rely on.



"I can't think of anything that needs improvement. My husband was there for three months and I was able to stay with him all the time. The staff was always friendly, kind, attentive, and helpful. You all made the last three months of our 62½ years together as peaceful and comfortable as they could be. Thank you so much for everything!"

- Anonymous

"Your team literally saved my life in my mother's last week on this earth. I am nothing but grateful for your team, and it was exactly what was needed in her last days."

- Anonymous



"Every patient is unique, and we take the time to fully understand their needs and hopes and carefully craft a care plan that is shared with and carried out by the entire team. Whether we are providing them with medications, tending to their hygiene care, or listening to their stories—in that moment—they are all that matters."

*- Emilia Araujo,
Nurse*

Evolving From a Strong Foundation

Patients are at the heart of our interdisciplinary approach, as we create personalized care plans that meet their physical, emotional, social, and spiritual needs—and those of their loved ones. Our support begins long before admission and continues well beyond.

Clinical Care: Patient-Focused Experts

Each patient, each family has a unique story. Our dedicated team welcomes them as and where they are and cares for their evolving needs with consideration and respect.

Our interdisciplinary care team: a compassionate team of highly specialized pain and symptom management experts

- 1 Director Clinical Care
- 12 Physicians
 - 1 Nurse in Charge
 - 1 Nurse Educator
- 29 Registered Nurses, including
 - 1 Admissions Nurse
- 9 Licensed Practical Nurses
- 24 Patient Care Attendants
- 3 Social Workers, including
 - 1 Bereavement Coordinator
 - 1 Art Therapist
 - 1 Music Therapist



"To care for someone at the end of life is an extraordinary privilege. Palliative care gives us the opportunity to support patients and their loved ones with compassion, dignity, and grace during a deeply personal journey. Through comfort, kindness, and attentive care, we can help create moments of peace and reassurance that remain with families long after their loved one's passing."

- Rosemary Falcone

Meet Rosemary Falcone, Director of Clinical Care

Rosemary joined the Residence in February 2026. With over 25 years of clinical and senior leadership experience, she brings a strong combination of clinical excellence, operational expertise and a patient-centric approach to care. Throughout her career, she has demonstrated a consistent commitment to quality, interdisciplinary collaboration, and continuous improvement—values that are core to our mission and philosophy.

Rosemary's clinical background in oncology, community health, and home care gives her a deep understanding of the continuum of care and the complex needs of patients and families during particularly vulnerable moments.

A new Lens on Care

This year, we welcomed a specialized occupational therapist to our team—adding a new lens to the care we provide. From improving comfort and safety during transfers, swallowing, dressing and mobility, to optimizing positioning and preventing falls, this expertise helps our patients maintain as much autonomy and dignity as possible.



"I am truly honored to contribute to the experience of individuals at the Teresa Dellar Palliative Care Residence. Coupled with years of supporting people in their homes, my occupational therapy perspective enables me to help patients maximize their potential, comfort, physical safety, and engagement in meaningful activities, while also supporting the clinical team at the bedside."

*- Johanne Drouin,
Occupational Therapist*



"I had him at home for several weeks. It was a 24-hour job for me. And when they found a bed for us here, I just felt like I was coming to an oasis. It was like a sanctuary."

*- Barbara Lamoureux,
wife of Rosemond*

Care That Continues

Supportive care begins from the moment we have a request for admission, and lasts long after a loss.

We continue to experience a growing need for grief support in the community this year. While our clinical care is patient focused, we never lose sight of the emotional needs of those who accompany or are left behind.



"I just remember the team was so compassionate towards me. I had been his caregiver for two years and they were like, 'It's okay, we've got it now. You can just be his daughter now!'"

- Rebecca Otter, daughter of Allan

"When somebody dies, we have a number of rituals that we do here to support families in having the most dignified and peaceful passing of their loved one that is possible."

- Taylor Pettit, Social Worker



Watch Video



"A person who has lost a loved one tends to constantly repeat what he or she is going through, to a point where there are no words left. And that's where music and art play a key role in providing other languages to express the loss."

- Alexandra Chartrand, Music Therapist

Meeting grief and needs is a part of our compassionate care, but we also serve the broader community.

Our bereavement support takes many forms:

- grief groups for both young and mature adults
- activities in nature
- individual counselling
- bereavement calls
- crisis intervention
- children and teen workshops
- art and music therapy



About Bereavement Groups

Our various bereavement groups provide safe spaces for participants to share their experiences and connect with others living through similar circumstances. These groups are open to anyone in the community who is grieving—whether or not their loved one received care at the Residence.

“Barbara was someone who arrived at our support group and couldn’t say much about her loved one, she was very emotional. Over the 8-week process, she evolved to be able to share, to process and speak about her emotions and her coping and develop some empathy for herself.”

- Taylor Pettit, Social Worker

This year we offered 12 bereavement groups over three seasons, each with 8–10 participants with 8 weekly sessions. We also hosted 38 “Create, Connect, Community” drop-in sessions for people wanting to combine art with healing, and 18 “Walking with Grief” sessions combining nature experience with connecting. In addition, our bereavement volunteers and healthcare professionals placed close to 1,557 calls to families who experienced a loss at the Residence. All told, we facilitated 2,950 grief support experiences—each one with a durable impact.

All our services
are offered **FREE**
of charge to patients
and their families.

Patient Care in Numbers 2025-2026

309
admissions

307
deaths

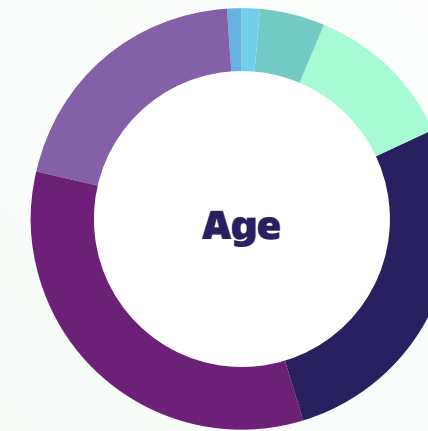
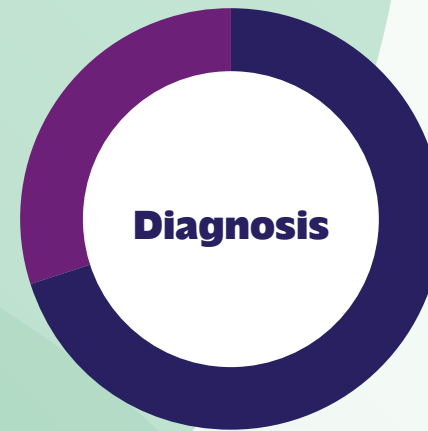
3
discharges

The Residence

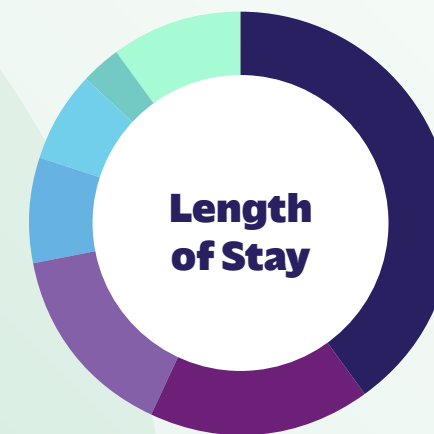
23
beds

24
hours a day,
7 days a week

6,500
admissions
since 2002



Average age was 80
Range 18-103



20 days average length of stay
VS 19 in 2024-2025



60% Hospital
39% Home/CLSC
1% Other (palliative care facility, LTCF, other)

*Non-cancer diagnoses include, but are not limited to, amyotrophic lateral sclerosis, kidney disease, dementia, and cardiovascular disease.

Adding Life to Days

If you were to visit the Residence, you might witness unexpected activity in our hallways. It is because one or more of our complementary services volunteers are often onsite generously “treating” our patients to their skill.

In the spirit of “whole person care”, complementary services **complement** the clinical/nursing and supportive care that patients receive. All services are provided by trained or certified volunteer professionals or organizations and are tailored to the patient’s needs and limitations. The impact is important, from reducing anxiety and stress to alleviating pain, and, ultimately, improving a sense of well-being.

Along with music and art therapy that offer gentle, creative ways for people to express themselves, find moments of peace, and feel connected through the many changes that come with serious illness, our complementary services also provide our patients and their families with a sense of normalcy with activities they may have enjoyed in the “outside world”.

In addition to massage therapy (hand and foot massage), hair care, many more dog visits than before, and virtual reality sessions, patients can now benefit from mini-manicures and guided meditation.



As Close to Home as Possible

We put a lot of effort into making sure our facility and operations are safe, sound, effective, and feel like home.

Exceptional care requires not just a clean and efficient environment, but also a dedicated team tirelessly working in the background to make the Residence feel like a home for patients, families and guests.

Keeping up with an average 71 visitors a day (peak of 100/day in summer) and many “short” stays, we made tremendous progress this year. While keeping spaces lively and safe, we upgraded our IT environment, replaced equipment in several areas, enhanced our heating, ventilation and air conditioning capabilities, renovated some of our spaces, replaced a generator—which is critical to maintain continuity of care—and more.

A Welcoming First Contact

Our receptionists are often the first people patients and families meet—and first impressions matter, especially when people arrive feeling overwhelmed. They set the tone with warmth and gentle guidance, and they tend to the details that quietly define the Residence: soothing music in the entrance, and the lighting of a memorial candle when a patient has passed, a ritual families find deeply meaningful. This role is shared between a permanent employee and volunteers who cover evenings and weekends.

Our Kitchen Gets a Makeover

We remodelled our kitchen this year, enhancing the workflow, service area, and overall ergonomics—making it safer and more efficient for the team. The project started with ideas from a volunteer and grew from there. Our chef, Stephanie Liteplo, and her team built on those suggestions, standardizing recipes, improving workflow, and recommending a full remodel that had become overdue given our consistent full occupancy.

The team remains dedicated to offering a variety of home-cooked menu selections daily but can now do so in a safer and more comfortable manner.



“Aside from the exceptional clinical care that the Residence maintains day in and day out, they pay great attention to making sure that the environment contributes to the well-being of everyone. The gardens at the Residence left a lasting impression on us. They are a place of quiet comfort and beauty, made possible by the dedication of many volunteers. Supporting their care felt like a meaningful way to give back and help preserve a space that brings peace to patients, families, and staff alike.”

- Grant & Kathy Gehlsen

Building Two-Way Bridges With the Community

When our donors support the Residence, they are not just funding a building—they are sustaining a community. Our volunteers contribute in a variety of ways, delivering services across all our operations on site, helping with events and serving on our Boards, always contributing important skills. In fact, we have over 237 volunteers helping on 18 different tasks at the Residence, another 50 committee volunteers, and 23 volunteer Board members. But the true value of volunteers is qualitative: they bring the community into the Residence, build connections, and support our cause. They bring whatever is needed to the table—skills, attention, patience, time, knowledge, empathy—and do so because they freely want to. It is not so much what they do, but how they do it, with love, sensitivity, and respect.

We are so grateful for our volunteers—their generosity, dedication, and hard work make everything we do possible. Their impact is invaluable!



**Total number
of volunteer
hours donated
at the Residence in
2025-2026:**

Over 22,700 hours,
the equivalent of
over 15 full-time
employees!

Jean Cameron Day and Award

Jean Cameron was a social worker and bereavement counsellor in palliative care at the Royal Victoria Hospital alongside Dr. Balfour Mount. She established The Jean Cameron Palliative Care Foundation to formalize and continue her work to provide services that were important to patients but not available through the hospital, health or social services. Upon Jean's death in 2012, their Foundation's Board of Directors continued to steward her philosophy and goals and provide funds to improve the quality of care for patients and their families. This year marked our 10th and final year of a program to recognize Jean Cameron.

In 2025, volunteer **Virginia McGrath** received the Teresa Dellar Palliative Care Jean Cameron Award. For over five years, Virginia has embodied the spirit of the Residence through her dedication, generosity, and kindness. Whether it's during meal service or in other volunteer roles, she still has that same attention to detail that warms the heart. We are proud to highlight her exceptional commitment, which makes a big difference for our patients and their families.



At the Residence, we remain committed to fostering a workplace culture where equity, diversity, and inclusion are not only valued, but actively lived every day. One of the initiatives offered are Lunch N' Learn education sessions for both volunteers and employees.

This year, our most popular EDI activities were the Diversity Dimensions Potluck for International Multicultural Day in June 2025 and our International Women's Day Celebration in March 2026, with our special guest, Yolande James, who gave a talk titled Purpose, Service, Connection: The Heart of Women's Leadership.



Advocacy

Raising public awareness—and building broad support—by sharing our voice, lived experience, and expertise is essential to improving access to palliative care.

This was a pivotal year for palliative care advocacy in Quebec. Despite ongoing uncertainty from the *Santé Québec* transition and shifting *Ministère de la Santé et des Services sociaux (MSSS)* mandates, we continued to represent palliative care providers across the province—advocating for sustainable funding and working to ensure that every Quebecer has access to quality end-of-life care. Examples of these critical activities include:

- Representing the *Alliance des maisons de soins palliatifs du Québec* in negotiating increased subsidies to direct clinical care from the MSSS.
- Playing a key role in the [*Coalition du Québec pour l'accès aux soins palliatifs*](#)—a movement of about 30 organizations in the promotion of palliative care through lobbying with the MSSS and building palliative care awareness at the public level.

The Institute: Extending our Reach

Founded in 2018, the Montreal Institute for Palliative Care (the “Institute”) is a vital branch of the Teresa Dellar Palliative Care Residence, helping to fulfill the vision to improve palliative care capacity, quality and access through education, knowledge exchange, research and advocacy, and by serving as a resource for other communities. While the Institute operates under the Residence’s umbrella, it is supported through its own dedicated funding.

1. Education & Knowledge Exchange

Helping teams build confidence and competence in serious illness care is central to the Institute’s mission. It designs customized programs that respond to the real needs of communities, healthcare teams, and other organizations offering practical tools, shared learning, and guidance grounded in both experience and evidence.

2. Compassionate Communities

A Compassionate Community is a community of people who are committed to improving the experiences of those who are isolated and those who are living with a serious illness, caregiving, dying and grieving. It plays an active role in caring for people in these situations, connects them to resources, raises awareness about end-of-life issues, and builds supportive networks around them.

3. Research

The Institute is dedicated to improving the science of palliative care through actionable research initiatives based on an interprofessional approach. Most importantly, the projects it leads or participates in must benefit patients and families and palliative care practice in general.



This year, the Institute continued to build on its pillars and made significant progress across a number of fronts. A few examples are listed below for each pillar.

Education and Knowledge Exchange

Internally at the Residence, various activities were held. Our **Lunch N' Learn sessions**, facilitated by guest speakers on various wellness-oriented topics, were greatly appreciated and attended by over 170 participants in total, both employees and volunteers. **On the clinical care front**, two of our most attended workshops on contemporary topics were *Symptom Management in Palliative Care* and *Continuums of Movement (PDSP: principes pour le déplacement sécuritaire de personnes)*.

Externally, our continued **partnership with McGill University and Université de Montréal** maintains our commitment to the academic cohort. This year, we served as a “clinical rotation site” for 16 residents, 38 medical students, 21 Med-1 students, 8 Fam-Med 2 students (total: 83 participants).



“This year was a record year immersing future doctors to palliative care. Their time spent with us is a critical part of their foundational learning—and I am proud and grateful to all our physicians who happily shared their knowledge.”

- Dr. Elena Neamt, Co-Medical Director and Leader of Medical Student and Resident Rotations



In addition, we welcomed two “stage” students, one from Vanier College in Special Care Counselling, and one master’s student in Public Health from Université Lyon 1 in France / Intern at the National Centre for Palliative and End-of-Life Care.

We also organized two lectures for **John Abbott College** nursing students and six Journal Club presentations for **McGill** nursing students and nurses and staff in managerial positions.

Noteworthy **education workshops with healthcare professionals** include two Grand Rounds presentations titled *What do we Know About “Early” Palliative Care and What do we do About it?*, and *Art Therapy at the End of Life: When the Intangible Becomes Tangible*, two *Serious Illness Conversations* workshops partnering with Pallium, an interdisciplinary workshop in partnership with the CIUSSS titled *Integrating a Palliative Approach to Care*, and a workshop with the ECHO community of practice titled *La gestion des médicaments en soins palliatifs*.

Compassionate Communities

This year, the Institute continued to design and support community-based programs that foster connection and provide support to citizens of all ages. Among these programs, we once again offered our **interactive family caregiver information series**, and facilitated **six information sessions for the community** (aimed at helping to reduce feelings of isolation, mainly for the elderly).



"I found the session extremely useful and well run. I'm open to any new suggestions for topics for future sessions and look forward to them."

- Family Caregivers workshop participant

"What struck me most about this session was the fact that palliative care can begin early on, following a diagnosis, and can take place anywhere."

- Demystifying Palliative Care workshop participant

Information sessions on compassionate workplaces were also offered this year to employers on supporting employees who are caregivers or bereaved. Four companies have joined the program.

Our well-established **Nav-CARE program** continued to perform strongly this year. The goal of Nav-CARE is to enhance the well-being of families and caregivers in need within the home environment. Accredited volunteers are paired with clients to provide regular visits, support and companionship. They are skilled in assessing quality of life, advocating for needs, connecting people to community services and navigating access to essential resources. This year, **trained volunteers** spent a total of **782 visiting hours** with isolated senior citizens and caregivers.

"As a Nav-CARE volunteer, thanks to my training, I truly have confidence in my ability to make a difference for my clients. We have regular support sessions, and if I have any questions, my Nav-CARE coordinator is always available."

- Manon, Nav-CARE volunteer

"Thank you for this wonderful project, which gave us the chance to meet people from different generations. This experience was amazing, and I would do it again if I had the opportunity."

- Intergenerational student participant

"As a senior at Manoir Kirkland who participated in the intergenerational project, I would like to thank the entire team at Beaconsfield High School, the students, staff, teachers, and parents, as well as Emma and Ella for your contributions to the memory collage and for your friendship."

- Intergenerational senior participant



"You know that someone is coming to see you, checking in on you, and giving you a sense of community. It feels good to know that there is someone who can help you when you need it."

- Nav-CARE participant

Finally, our **intergenerational program** continued to build new connections this year. The program brings together high school students and seniors living in residences for a six-week series of shared activities focused on legacy, storytelling, and connection. By fostering mentorship, emotional support, and mutual understanding, the program helps reduce isolation, challenges age-related stereotypes, and builds stronger ties across generations.

Research

The Institute was very active on the research front again this year, focused on how to improve the experience of patients and families in a palliative care practice and sharing our learnings.

We completed a **prospective study using machine learning** to improve short-term prognosis for patients with terminal illnesses. Preliminary results were presented at the 19th World Congress of the European Association for Palliative Care in May 2025 in Helsinki, Finland. A full manuscript is currently in preparation and is expected to be submitted for publication in 2026.

The Institute also initiated a **prospective multicentre study (three sites)**, sponsored by the Rossy Cancer Network, titled *Clinical and Psychosocial Profile of Patients Relocated for End-of-Life Care*. Patient recruitment has been completed, and a manuscript will be submitted for publication at the end of 2026.



“I am fiercely proud of the work we have done to develop a tool that will improve prognosis—something that is so important for our patients and families. I am grateful to our physicians who actively participated in our research, and this year, to two other hospital sites who also collaborated.”

– Dr. Sylvie Bouchard, Co-Medical Director and Director of Research

Gifts From the Heart

The Residence relies on its donors' outstanding generosity to offer care and services to every patient free of charge. The generosity of foundations, businesses, and individual donors reflects a shared belief in our mission—and a commitment to seeing it grow.

Their contributions are essential, they complement our government subsidy and make it possible to deliver the high-quality care families count on.

Grand Total of Donations

\$6M

On behalf of our patients and families, thank you!

15th Annual Golf Tournament

August 25, 2025

The Royal Montreal Golf Club

244 players



\$707,000
net raised

Sponsors (over \$10K):

Gustav Levinschi Foundation
Ted & Joan Fletcher
The Tenaquip Foundation
Birkenstock
The Henri Family Foundation
The Oka & Grégoire Foundation
Realterm
Pfizer Canada
Calko Group
Redbourne Reality Management
Fednav Ltd.
J. Sonic
OEC Group

9th Annual Course pour la compassion

September 20, 2025

Valois Park, Pointe-Claire

850 participants



\$408,000
net raised

Sponsors (over \$10K):

Pfizer Canada
Simard Transport
Uniprix Ste-Anne/Uniprix Lachine
The City of Pointe-Claire

27th Annual Valentine's Ball

February 13, 2026

Pavillon sur le Lac, Château Vaudreuil

402 guests



\$806,000
net raised

Sponsors (over \$10K):

BFL
Broccolini
Calko Group
Delmar International
Fondation Famille Vachon
Future Electronics
Groupe Jacques Maurice, ScotiaMcLeod
Merck Canada
National Bank
Pfizer Canada
RBC Capital Management
Roxboro Excavation
TASK
Varsha Bhat

Every Dollar Counts

Every dollar donated makes a difference, whether through our flagship and community events, major donor and planned giving programs, memorial giving or direct mail appeals.

This year, we relaunched our **planned giving program** with a refreshed approach, and reached our goal of 10 generous supporters committing to include the Residence in their legacy plans. We are extremely proud of our team's efforts, and immensely grateful for people who have thought of the Residence as part of their "their legacy"—an organization they believe in and want to support.

She Gave us Wings: Remembering Pat Empsall

The winter of 2026 marked the passing of Pat Empsall, a cherished, long-standing volunteer. Pat was a remarkable volunteer whose kindness, generosity and dedication left a lasting impression.

During her 13 years of volunteering (2012–2025), she lent a hand in various areas, such as the gardens and the reception, and participated in various fundraisers, such as the Annual Holiday Bake Sale.

She will also be remembered for having created and organized our **Annual Butterfly Release** from 2018 to 2024, helping raise over \$100,000 net for the Residence. For the past 8 years, our community has come together each July for this event – an afternoon of beauty, remembrance and connection in support of the Residence.

While Pat will be greatly missed, we are comforted by the fact that hundreds of families in the community have taken part in this event over the years in memory of a loved one. The July 2026 Butterfly Release will be dedicated to Pat, as a heartfelt tribute to her legacy and a celebration of her extraordinary contributions.



What is Planned Giving?

Planned giving allows you to arrange a charitable gift today that will support an organization in the future—as part of your lasting legacy. It is “planned” because it takes some thought and preparation, and input from a professional, such as a lawyer and a financial planner, to maximize tax and other financial benefits.

At the Residence, planned gifts can be made by will, by life insurance, or by publicly traded securities.

As the number of patients who will need our services grows, planned gifts play a significant role in our ability to provide extraordinary care for years to come.

“When both my wife and daughter needed care, the Residence supported our family with exceptional compassion and dignity. We made gifts at the time as a gesture of gratitude, but I also wanted to do something more lasting. Including the Residence in my will felt like a meaningful way to ensure that other families receive the same care that meant so much to us. This planned gift reflects our values as a family and leaves a legacy of care for families who will need it in the years to come.”

- Jacques Fernet

\$ 3,814,000

Estate Gifts Received to Date

Thanks to the generosity of our unwavering supporters, \$417,000 was received this year to help the Residence provide compassionate palliative care and support to families who need it most.

2025-2026 Community Events

- Beaconsfield Men's Slo Pitch
- Boîte de Noël
- Concert for Catherine
- CrossFit de l'ouest
- Kirkland Oldtimers Hockey League
- Joe Diab/Fit Forme Spin Class
- Le Cambridge
- Macallan's Pub fundraising concerts
- McKibbin's Irish Breakfast
- MIETA Charity Day
- Montreal Rangers Supporters Club
- Royal Canadian Legion Branch #57, Pointe-Claire



Generous Villains

On October 18th, our amazing **Young Ambassadors** group held their 4th annual Scare To Care event benefiting the Residence. Under the theme *Sinister Soirée: A Night for the Villains*, the community generously came together, fuelled by the Ambassadors' creativity and enthusiasm, raising \$18,000 net for the Residence's mission. Kudos to the committee and everyone who helped make this year's event such a success!

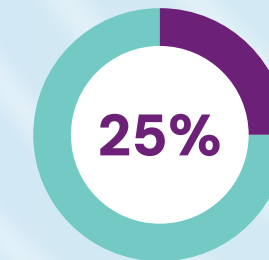
Financial Report

Statement of Combined Operations (Fiscal Years ending March 31st)

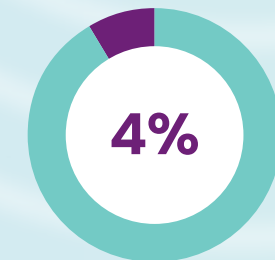
Revenues	2026	2025
Government Funding	\$2,665,178	\$2,590,571
Fundraising Events	2,433,480	2,146,504
Fundraising Campaigns	591,705	583,027
Major Gifts & General Donations	3,425,464	3,043,933
In Memoriams	455,289	418,641
Montreal Institute for Palliative Care	509,253	482,412
Investment Income (including change in mkt value)*		
Realized	903,581	883,857
Unrealized	(425,246)	451,877
	478,335	1,335,734
	10,558,704	10,600,822
Expenditures		
Nursing Care	4,229,312	4,186,064
Building & Amortization	1,331,749	1,267,516
Bereavement & Psychosocial	413,175	402,161
Kitchen	491,928	466,602
Medical Supplies	65,031	66,244
Education & Development	10,754	22,683
Administration & Communications	1,745,958	1,645,010
Montreal Institute for Palliative Care	509,253	482,412
Donor Development & Fundraising	947,076	936,394
	9,744,236	9,475,086
Excess of Revenues over Expenditures	\$814,468	\$1,125,736

Source of Funds 2026

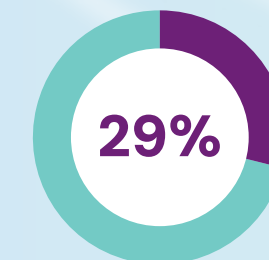
For the Residence and the Institute



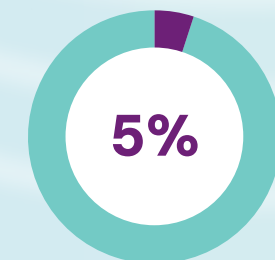
Government



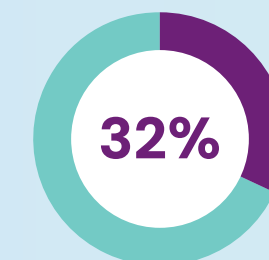
In Memoriam



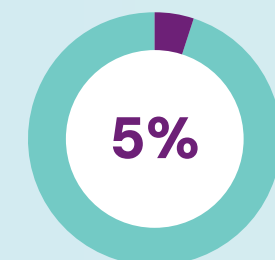
Events & Campaigns



Montreal Institute for Palliative Care



Major Gifts & General Donations



Investment

*Note: large fluctuation due to unrealized gains/losses as financial statements reflect market values as at March 31st.

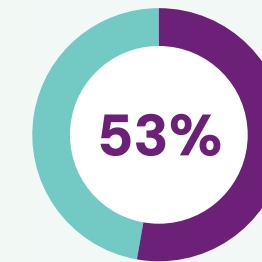
Financial Report

Statement of Combined Financial Position as at March 31st

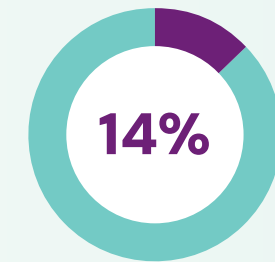
Assets	2026	2025
Cash & Term Deposits	\$1,393,479	\$1,394,426
Mutual Funds at Fair Market Value	13,925,835	13,831,563
Endowment Fund at Fair Market Value	2,306,758	2,244,323
Amounts Receivable	148,714	130,948
Prepaid Expenditures and Supplies	106,818	138,494
Capital Assets	11,557,975	11,949,435
	29,439,579	29,689,189
Liabilities		
Trade Payables & Other Operating Liabilities	960,076	1,212,445
Current Portion of Long-term Debt	168,401	168,401
Long-term Debt	2,563,114	2,731,515
Deferred Revenue	9,045,324	9,698,632
	12,736,915	13,810,993
Net Assets		
Endowment Fund	2,072,116	2,062,116
Capital Fund	2,312,378	2,312,378
Operating Fund (Unrestricted)	12,318,170	11,503,702
	\$16,702,664	\$15,878,196

Use of Funds 2026

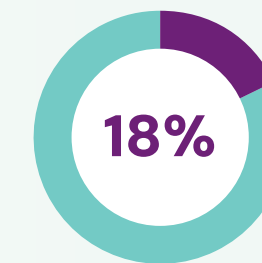
For the Residence and the Institute



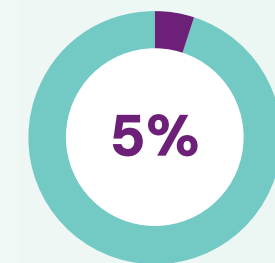
Direct Patient Care



Facilities



Admin. & Communication



Montreal Institute for Palliative Care



Donor development & Fundraising

Governance 2025-2026

We are grateful to our Board members who volunteer and dedicate their time and knowledge to ensure the Residence continues to operate and evolve successfully.

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Clinical Research Chair in Palliative and End of Life Care,
Faculty of Medicine, University of Ottawa
Adjunct Professor, Queensland University of Technology School of Law
Staff Physician, Department of Critical Care, The Ottawa Hospital
Co-Chair, Pan-Canadian Palliative Care Research Collaborative
Senior Investigator, Bruyère Health

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Department of Oncology, McGill University

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McGill University

David Kenneth Wright, PhD, RN, CHPCN(C)

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Faculty of Health Sciences, University of Ottawa

You are the ripple.

Thank you
for making every
moment of
care possible.



Teresa Dellar
Palliative Care
Residence

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